



AMANDA CASAS

**CO-DIRECTOR MONTEREY TEAMS
TEACHER**

- **BALLET**
- **JAZZ**
- **LYRICAL/CONTEMPORARY**
- **TECHNIQUE**

Amanda Cases, born in Riverside, California, grew up a competitive dancer starting at age 6. She has won numerous titles including representing the United States in Australia, winning the international title of "Dancer of the World" in 2006. She toured the world dancing on a cruise ship, was featured on So You Think You Can Dance, was a background dancer for "Foreigner", and performed with contemporary ballet company "Atlantis Dance Theatre". Amanda graduated college from CSULB with a BA in Dance and is Pilates Certified (BASI). She danced for 2 seasons in the NFL with the San Diego Chargers and then continued to represent the NFL as an All-Star Cheerleader as an ambassador at the international games in London. She teaches conventions and master classes throughout the nation with Kids Artistic Revue (KAR) and is a nationally recognized choreographer. She has choreographed opening numbers, college concert pieces, and has trained YAPG Grand Prix dancers. She currently judges and teaches internationally in countries such as Mexico, Japan, UK, Canada and Australia.

ADDITIONAL TRAINING

Along with dance, Amanda has an extensive background in Functional Cross-Training and is BASI Pilates Certified.

"Dance isn't solely about training technicians and artists...it is about building life lessons and a family you will carry with you forever."

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